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**Manfrotto**  
Imagine More

### **050 BALL HEAD SERIES**

Extremely lightweight and precise, the Manfrotto professional head provides the very best in controlled and smooth movements to minimize effort and maximize top results.

**Magnesium means lightweight precision!**

# 050 BALL HEADS

The new 057 and 054 lightweight magnesium ball heads are the ideal choice for all premium carbon fiber tripods.

This pro ball head range represents six extremely precise ball heads of excellent design and quality, providing the very best in smooth, controlled movements thanks to the self-lubricating ring which ensures greater precision and control. The 050 ball head also features the unique, innovative solution of portrait functions, which offers the possibility of choosing to position the camera

vertically at a perfect 90° angle or tilting the angle up to 105°-110° when shooting from uneven ground.

Improved comfort, speed in operation, high rapidity and elegant design: the number one choice for carbon fiber tripods.

The 057 and 054 pro heads are engineered to guarantee durability, high performance and accuracy, to minimize effort and maximize top results.

## KEY FEATURES

- Lightweight magnesium body
- New ergonomic levers
- Improved plate design for quick and easy camera attachment and detachment
- Exclusive 90°-105° portrait angle selector
- Wide movement angles
- Self lubricating ring

## KEY BENEFITS

- Ultra precise, smooth movement
- Advanced settings and exclusive features
- Durable, lightweight materials and construction
- Versatility in movement and camera position
- Enhanced ergonomics for increased speed and comfort
- Elegant design



90°-105° Portrait Selector. More versatility for vertical shooting both indoors and outdoors.



Lightweight magnesium body.



# SERIES LINE UP



MH054M0



MH054M0-Q2



MH054M0-Q5

## 054

### 10KG MAX LOAD

Recommended for 190 carbon fiber tripods, the 054 heads represent the most compact, versatile and highest performing ball heads, with outstanding design and advanced ergonomics. The 054 range consists of one ball head with a traditional disc attachment; one with a Q2 quick release another with a Q5 quick

release. All incorporate a robust magnesium body with improved lightness, providing smooth movement, exclusive features and are ultra lightweight.

Available with a wide range of camera attachments, the 054 heads are ideal for traveling.



MH057M0



MH057M0-RC4



MH057M0-Q5

## 057

### 15KG MAX LOAD

The 057 range, recommended for 057 carbon fiber tripods, comprises 3 ball heads: one version features a traditional disc attachment; another has a ball head with a RC4 quick release system, perfect for heavy equipment and long lenses; and the third

boasts the new magnesium Q5 quick release system that offers increased ergonomics, speed, reduced weight and accuracy – thanks to 3 leveling bubbles. The 057 heads represent the highest performing solutions especially for studio and outdoor applications.



**MH054M0**  
054 MAGNESIUM BALL HEAD



11cm • 4.3in



0,5kg • 1.1lb



10kg • 22lb



Pan 360°



Lateral Tilt -100° +40°



**MH057M0**  
057 MAGNESIUM BALL HEAD



13,7cm • 5.4in



1,2kg • 2.6lb



15kg • 33.1lb



Pan 360°



Lateral Tilt -103° +40°



**MH054M0-Q2**  
054 MAGNESIUM BALL HEAD WITH Q2 QUICK RELEASE



11,7cm • 4.6in



0,6kg • 1.3lb



10kg • 22lb



200PL-14



Pan 360°



Lateral Tilt -100° +40°



**MH057M0-RC4**  
057 MAGNESIUM BALL HEAD WITH RC4 QUICK RELEASE



14,6cm • 5.7in



1,3kg • 2.9lb



15kg • 33.1lb



410PL



Pan 360°



Lateral Tilt -103° +40°



**MH054M0-Q5**  
054 MAGNESIUM BALL HEAD WITH Q5 QUICK RELEASE



11,9cm • 4.7in



0,7kg • 1.5lb



10kg • 22lb



501PL



Pan 360°



Lateral Tilt -100° +40°



**MH057M0-Q5**  
057 MAGNESIUM BALL HEAD WITH Q5 QUICK RELEASE



14,8cm • 5.8in



1,3kg • 2.9lb



15kg • 33.1lb



501PL



Pan 360°



Lateral Tilt -103° +40°

**KEY TO SYMBOLS**



Head height



Weight



• Maximum load capacity  
• All maximum load capacities  
stated are measured centered on  
the tripod/head mounting point



Plate supplied  
with the head



Pan



Lateral Tilt



Studio



Photo